

## EVENT OUTLINES

### **Coimbra Cadet European Cup 2023**

**May 27<sup>th</sup> – 28<sup>th</sup> 2023**

### **Coimbra EJU Cadet Training Camp**

**May 29<sup>th</sup> – 31<sup>st</sup> 2023**



**IJF Cadet World Ranking Event**

## 1. ORGANISER

### Portuguese Judo Federation

Address: Rua Alves Redol, 1 - Lojas A/B, 2675-285 Odivelas

Email: [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt)

Tel: +351213931630

### Emergency Contacts:

General matters:	Mr. Sergiu Oleinic ;	<a href="mailto:portugalevents@fpj.pt">portugalevents@fpj.pt</a> ;	+351961969799
Accommodation:	Mr. Sergiu Oleinic ;	<a href="mailto:portugalevents@fpj.pt">portugalevents@fpj.pt</a> ;	+351961969799
Transport:	Mr. Sergiu Oleinic ;	<a href="mailto:portugalevents@fpj.pt">portugalevents@fpj.pt</a> ;	+351961969799

## 2. IMPORTANT INFORMATION

### Before Travelling

Passports must be valid for at least 6 months from the date of arrival.

- Check host country entry requirements and airline requirements (if applicable).
- Check if you need a visa, and if yes, request it from the LOC according to the details in the

**ENTERING THE HOST COUNTRY** section.

- Send travel information (arrival and departures) to the LOC.
- Book accommodation with the LOC.
- Upload a signed individual IJF Liability Release Waiver 2023 to [my.ijf.org](http://my.ijf.org)
- The form can be found at: [covid.ijf.org](http://covid.ijf.org) or at the EJU homepage at the respective Calendar section.

### Entering host country

Each individual is responsible to ensure they follow the entry rules (passport validity, visas, entry permission letter, COVID-19 etc.) for the host country. Entry rules may be subject to change, at present all specific Covid-Related rules to enter the country were lifted.

Info (link) about entry rules to the country: <https://imigrante.sef.pt/en/#sabermais>

### Insurance

It is the responsibility of each participant to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19 related costs, including repatriation. The LOC of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect them during the event.

## 3. COMPETITION PLACE

Pavilhão Multidesportos Dr. Mário Mexia

**Address:** R. Gen. Humberto Delgado, 3030-320 Coimbra

<https://www.cm-coimbra.pt/areas/viver/desporto/equipamentos-desportivos/pavilhao-multidesportos-m-m>

## 4. AGE

15, 16 and 17 years old (Born in 2006, 2007 and 2008)

## 5. PARTICIPATION

This Cadet European Cup is open for **all EJU/IJF Member Federations**. In case of pandemic outbreak restrictions for the number of participants may apply. The competitors must be of the same nationality as the National Federation, which enters them.

## 6. CATEGORIES & DURATION

Male: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg  
 Female: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg  
 Duration: 4 minutes Golden Score: No time limit

## 7. ENTRY FEE

The EJU entry fee of **10€** per athlete must be paid.

## 8. DEADLINES

Visa form:	Friday, 05 <sup>th</sup> May 2023
Hotel Reservation:	Friday, 28 <sup>th</sup> April 2023
Hotel payment:	Friday, 05 <sup>th</sup> May 2023
<b>JUDOBASE Registration:</b>	<b>Friday, 12<sup>th</sup> May 2023</b>
Travel details:	Friday, 12 <sup>th</sup> May 2023
Rooming List:	Friday, 12 <sup>th</sup> May 2023

## 9. PROGRAM

Attention: The schedule may be modified according to total number of entries and circumstances of competition.

<b>Friday, May 26<sup>th</sup> 2023</b>		
10:00 – 17:00	Accreditation	Best Western Hotel D. Luís
18:00 – 18:30	Unofficial weigh-in	Hotel Vila Gale, Best Western Hotel D. Luís
18:30 – 19:30	Official weigh-in Girls: -40, -44, -48, -52 kg Boys: -50, -55, -60, -66 kg	Hotel Vila Gale, Best Western Hotel D. Luís I
19:00	Draw	<b>Online</b>
<b>Saturday, May 27<sup>th</sup> 2023</b>		
<b>Girls: -40, -44, -48, -52 kg</b> <b>Boys: -50, -55, -60, -66 kg</b>		
08:00	Referee Meeting	Pavilhão Multidesportos Dr. Mário Mexia
09:00	Eliminations/Repechage/Semi finals	Pavilhão Multidesportos Dr. Mário Mexia
After	Final Block: Bronze Medal Contests, Finals	Pavilhão Multidesportos Dr. Mário Mexia
18:00 – 18:30	Unofficial weigh-in	Hotel Vila Gale, Best Western Hotel D. Luís
18:30 – 19:30	Official weigh-in Girls: -57, -63, -70, +70 kg Boys: -73, -81, -90, +90 kg	Hotel Vila Gale, Best Western Hotel D. Luís
<b>Sunday, May 28<sup>th</sup> 2023</b>		
<b>Girls: -57, -63, -70, +70 kg</b> <b>Boys: -73, -81, -90, +90 kg</b>		
09:00	Eliminations/Repechage/Semi finals	Pavilhão Multidesportos Dr. Mário Mexia
After	Final Block: Bronze Medal Contests, Finals	Pavilhão Multidesportos Dr. Mário Mexia
<b>Monday-Wednesday, May 29<sup>th</sup>- 31<sup>st</sup>, 2023 – Coimbra EJU Cadet Training Camp (see details in Par. 26)</b>		

## 10. JUDOBASE REGISTRATION

All participants and delegates must be registered for this event in the IJF Registration System (**JUDOBASE**): <https://admin.judobase.org/> .

Deadline for JUDOBASE Registration is **Friday, May 12<sup>th</sup> 2023**

	NO IJF Official ID Card	Late entry	Replacement IJF Official ID Card: YES
Athletes	<ul style="list-style-type: none"> <li>• ENTRY NOT POSSIBLE</li> <li>• REPLACEMENT NOT POSSIBLE</li> </ul>	<b>ENTRY NOT POSSIBLE</b>	0€
Other delegates (Head of delegation, Coaches, Physios, Doctors, ...)			0€

**Please note:**

- **Late entries are NOT POSSIBLE, only replacements 1:1.**
- Persons, who are banned by their Federation or IJF cannot be entered as late entry or replacement.

## 11. ACCREDITATION & CONTROL OF NATIONALITY

At least one team delegate (and not more than 2) must attend the accreditation on **Friday from 10:00 – 17:00** on time in order to confirm the entries of all athletes and officials with his signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival, the National Federation must immediately contact both the organiser and the EJU ([headoffice@eju.net](mailto:headoffice@eju.net)). Passports or photocopies of passports from all competitors must be available on request (national ID Card showing nationality, picture and date of birth or a copy is also accepted). The competitors must not be present at the nationality control.

**Very important:** Each National Federation must be represented by a team leader or coach responsible for registration of **ALL athletes from the respective National Federation**, regardless club or other membership. **Every National Federation will be accepted for accreditation only once**, when all entries and payments can be confirmed at the same time.

## 12. COMPETITION MODE

The competition will be conducted in accordance with the latest IJF SOR and IJF Refereeing Rules. Competition systems according to number of participants:

- 6 and more entries: Double repechage
- If there are one (1) to five (5) athletes the low numbers competition systems and rules apply.

### Low numbers competition system rules

No	Medals awarded	WRL points awarded (if applicable)	Competition System
5*	Gold, silver and one bronze	First, second, one third and one or two fifth (only if the athlete won one contest in the round robin) place.	The athletes will be divided as follows: Pool A – 3 athletes will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest. Pool B – 2 athletes will compete for a place in the final
4*	Gold, silver and one bronze	First, second and one third place.	Pool system with two (2) single contests, then a contest between the two (2) losers for the single bronze medal and a contest between the two (2) winners for the gold and silver medals.
3*	Gold, silver and one bronze (for individuals, if one contest was won)	First, second and third (only if one contest was won) place.	A round robin system will be held in the elimination round. The best and the second best will compete in a final for the gold and silver medal.

			The third athlete will be awarded the single bronze (for individuals, only if one contest was won).
2*	Gold (individuals)	First place.	One final contest.
1*	None	No	No competition

\*Participation points given (if applicable).

If only one (1) athlete passes the weigh-in there will be no competition.

### 13. DRAW

The draw will be held ONLINE.

Seeding: The top eight (8) from the entered competitors in each weight category will be seeded according to the current IJF Cadets World Ranking List.

### 14. WEIGH-IN

Official weigh-in for each weight category is held the evening before the competition day (see program).

Athletes are not allowed to weigh-in naked. Boys must wear at least underwear and girls at least underwear and a T-shirt. Additional 200g will be allowed for their weight category limits.

**Athletes must present their EJU accreditation card and their passport** (National ID Cards showing nationality, picture and date of birth are also accepted).

Official scales or test scales will be available for test weigh-in on Friday and Saturday from 08:00 – 22:00 (except during official weigh-in from 18:30-19:30).

### 15. RANDOM WEIGH-IN

Random weight checks for athletes will be organised in the morning before the start of the competition.

Random weigh-in will open one hour before the start of the competition each day. The time limit to arrive to the random weigh-in is 30 minutes or 6 contests before the athlete's first contest at the latest.

The athletes must bring their accreditation for identification. The weight of the athlete cannot be more than 5 % higher than the official maximum weight limit of the category.

### 16. REFEREEING

Each federation may enter 2 referees. The organizing federation may enter as many referees as required for the realization of the tournament but giving priority to their own Continental/International referees first and then their national referees with the highest national license with at least 2 years of experience.

If enough Continental/International referees are inscribed in Judobase, the organizing federation has to limit its number of national referees to 1 per mat.

**JUDOBASE registration deadline for referees: Friday, 12<sup>th</sup> May 2023**

**The bow:**

- The contestants must not shake hands BEFORE the start of the contest.
- When the athletes are leaving the mat they must wear judogi in proper way and are not allowed to take out any part of the judogi or the belt before leaving the field of play.

### 17. COACHING

All coaches must fully adhere to the Code of Conduct for Judo Coaches.

Dress Code  
Elimination rounds: National track suit with trousers reaching down to shoes or jacket suit with tie  
Final block: Jacket suit with tie

## 18. TRANSPORT

**Airport:** Lisbon Airport , Portugal

**Train station:** Coimbra-B

**Bus station:** Rodoviaria Coimbra & Flixbus Station

The organizer will provide transfers between the airport and official hotels, between the official hotels and competition venue, draw, accreditation and official weigh-in places. **Airport transfer cost: 35 EUR one way.** **To ensure this price for transfer, the organiser needs to have minimum 4 persons.** **For smaller groups tranfers can be arranged as well, but the price maybe different.**

## 19. ACCOMODATION

All delegations, who inscribe for an EJU event should reserve their accommodation in the official hotels published in the event outlines. The reservation must be made with the local organising committee (not directly with the hotel).

The organiser proposes the following official hotels:

### Hotel Vila Gale (Cat. A)

Address: R. Abel Dias Urbano 20, 3000-001 Coimbra, Portugal;

<https://www.vilagale.com/pt/hoteis/centro-de-portugal/vila-gale-coimbra>.

check-in time: 14:00; check-out time: 12:00

Distance to the airport: 194 km Lisbon , 197km Oporto; distance to the sports hall: 7,8 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the venue	Dinner
Single room	140 €	18 €	15 €	18 €
Double room	105 €			

### Best Western Hotel D. Luís (Cat. B)

Address: Rotunda Ponte Rainha Santa Isabel, 3040-091 Coimbra, <http://www.hoteldluis.pt/>;

check-in time: 14:00; check-out time: 12:00

Distance to the airport: 194 km Lisbon, 197km Oporto; distance to the sports hall: 7,8 km

Prices per person	B&B	Lunch in the hotel	Lunch box in the venue	Dinner
Single room	110 €	17 €	15 €	17 €
Double room	80 €			

**Hotel booking and transfers have to be made directly with the organiser:** Mr.Sergiu Oleinic; [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt); +351961969799 .

**Obligatory minimum stay in the official hotel is 2 nights.**

Participants are allowed to book their own accommodation. In this case for every accredited person a service fee of **120 €** applies to be paid to the organizer. **In case when participants book accommodation in the official hotel on their own and pay service fee – they can use official transfers hotel-venue-hotel but have to inform the organizer that they will use this transfer well in advance that the organizer have enough capacity. If delegation stays in unofficial hotel, transfer will be quoted separately.**

**Hotel reservation deadline:** Friday, 28<sup>th</sup> April 2023

**Hotel payment deadline:** Friday, 05<sup>th</sup> May 2023

**Cash payment upon arrival is not allowed. All payments have to be done in advance per bank transfer.**

### Deadlines and cancellation policy:

Hotel deadline is 30 days before the accreditation day. The reservation sent by then is binding. For reservations sent after the hotel deadline, the organizer can charge an **extra surcharge of 30%**.

However, in this case the organizer is not obliged to provide accommodation and can just charge the service fee.

Replacements must be free of charge.

**In case the hotel(s) is (are) fully booked, the organizers will propose other hotel(s) of the same quality**

Cancellations 29 to 15 days before the Accreditation Day: 50% refund.

Cancellations within 14 or less days of before the Accreditation Day: no refund

**In case of tournament cancellation by the local authorities full payment will be refunded.**

Important: Injuries, visa problems or sickness are not valid reasons for cancellation of rooms.

In case of any damage to hotel property or competition venue caused by members of a delegation, their national federation will be charged by the organizing committee.

## 20. PAYMENT

Kindly complete the payment for accommodation and entry fee to our bank account:

Bank Name	NOVO BANCO - Balcão LX -LAPA
Bank Address	R. Buenos Aires 5, 1200-732 Lisboa
SWIFT Code	BESCPTPL
Account no	41035060007
IBAN	PT50 0007 0041 0003 50600077 9
Payment reference	"Country" ECCup2023
Credit cards accepted:	not accepted
Cash on spot:	not accepted

After the reservation a document with a number reference will be send to the National Federation, please use this number as reference of payment and for the accreditation.

All bank fees and money transfer costs must be paid by the sender federation. The person attending accreditation must bring proof of the bank transfer.

## 21. JUDO GI CONTROL

### Approved Judogi

All Judoka must compete in IJF Approved Judogi (only red label allowed) and Judogis from all IJF suppliers are allowed (see [www.ijf.org](http://www.ijf.org) □ <https://www.ijf.org/supplier-list>).

### Judogi Control

It will be operated with a Sokuteiki prior to the fight. Judogi must have an IJF Official Label "APPROVED JUDO GI" with an optical code which cannot be falsified. The label will be controlled with an optical lamp. Each of the competition clothing articles (jacket, trousers and belt) must have an IJF official label.

### Backnumber

Each competitor taking part in the EJU events is obliged to have sewn on the back of his Judogi the official backnumber (both EJU and IJF are allowed) bearing his surname and his National Olympic Committee abbreviation. The backnumber can be ordered from [www.mybacknumber.com](http://www.mybacknumber.com) or [www.officialbacknumber.com](http://www.officialbacknumber.com) (Attention: production and delivery may take around 4 weeks). The SPONSOR part (if needed) will be given to the head of delegation during registration, and the athletes can stick it themselves using the special glue on the back number.

### Markings and Advertising

The space on the **shoulder stripes** (25cm x 5 cm on both right and left side) and on the **upper arms** (10cm x 10cm on both right and left side) can be either used for own sponsors of the Federation or Judoka or EJU Suppliers, **BUT not for any other Judogi supplier.**

The space on the **right chest** (5cm x 10cm) can be used by the Judoka for his/her own sponsor. The logo of a Judogi brand can only be used, if it corresponds with the brand of the Judogi itself and if it is an EJU Supplier. Further, no logo of a competing brand of the advertising reserved for the Federation can be used (unless approval granted by the Federation).

**Please note:** On all advertising spaces it is strictly prohibited to promote tobacco, alcohol, any substances listed in the doping code, or any product or service contrary to public morals. The space on the **left chest** (10cm x 10cm) can be used for the national colours or the national emblem corresponding with the IOC code on the backnumber (regional emblems are not allowed).

All other markings on the Judogi, like Judogi brand logos, name of Judoka, etc. have to comply with the IJF Judogi Rules.

Detailed information is available on <http://www.eju.net/statutes>.

**Important:**

- If an athlete does not respect the Judogi rules, the athlete will not be permitted to pass the Judogi Control, and the coach who is responsible for the athlete will be suspended for the rest of the competition day.
- The organiser is not obliged to provide reserve Judogi at Judogi Control, but the athlete is allowed to present himself in another IJF Approved Judogi, complying with the Sokuteiki rule (and without backnumber) - in this case no coach can go with this athlete to the mat!
- In the case of a repeated offence the coach will be suspended for the rest of the competition.

## 22. RESPONSIBILITY OF FEDERATIONS

The competitors will compete under the full responsibility of their federations. Insurance: Each national federation is responsible for insuring its competitors against "injury and third part risk (public liability)" during the period of the event. The European Judo Union and the organiser decline all responsibility.

### Consent for Photography/Videos/Filming

Delegates inscribed by their National Federations for EJU events consent to the EJU and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and EJU. It will also be acquired by the EJU and its media partners from in and around all EJU event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes. The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian. If a delegate does not give consent, then the National Federation must inform the European Judo Union by writing to [headoffice@eju.net](mailto:headoffice@eju.net).

## 23. ANTI-DOPING

Anti-doping tests might be executed according to the **IJF MEDICAL AND ANTI-DOPING HANDBOOK (IJF SOR – Appendix E)**.

## 24. MEDIA

Journalists can apply for Media accreditation online using the following link:  
<https://www.eju.net/media/>.

## 25. VISA

For nations who need VISA to enter the Portugal, please send the enclosed "Visa Application Form" fully filled not later than Friday, 05<sup>th</sup> May 2023 and submit to Mr. Sergiu Oleinic;  
[portugalevents@fpj.pt](mailto:portugalevents@fpj.pt).



## 26. TRAINING

Tatami for training will be available in the Hotel Vila Gale and in the Best Western Hotel D. Luís.

Training schedule will be defined in accordance with the requests received

Booking of training sessions should be done by the organiser at accreditation in the Best Western Hotel D. Luís.

Training on competition days in the sports hall warm up arena is allowed after 14:00.

Trainings in the Hotel Vila Gale and in the Best Western Hotel D. Luís are available:

Thursday-Saturday: 10:00 - 21:00

## 27. TRAINING CAMP

Training Camp will be organised after Coimbra Cadet European Cup from May 29<sup>th</sup> till May 31<sup>st</sup> at the Hotel D. Luis.

### Accommodation prices:

Prices per person	FB
Single room	110 €
Double room (1 double bed)	90 €
Twin room (2 single beds)	90 €

Organiser can offer also Category A for training camp, please send a request by email.

Participants of the Training Camp are allowed to book their own accommodation. In this case for every accredited person **a service fee of 60 €** applies to be paid to the organizer

### **Training sessions:**

Schedule of the training sessions:

Morning Session: from 10:00 till 12:00

Afternoon sesión: from 17:00 till 19:00.