



EJU Training Camp Herstal 2020 Belgium February 03-06, 2020

1. Date

Monday February 3rd – Thursday February 6th 2020.

This training camp is taking place after the *International Belgian Adidas Judo Open of Visé (men) & Herstal (women)* and before the *Paris Grand Slam*.

Arrival: As from 6pm on Sunday February 2nd. First training session will be held on Monday, February 3rd at 10 AM.

Departure: Check-out on Thursday, February 6th after breakfast. Last training session on Thursday morning from 10 am until 12am, lunch not included.

2. Organizer

Belgian French Judo Federation (FFBJ)

Address : Place des Sports, 1
1348 Ottignies-Louvain-La-Neuve
Belgium

Email : info@ffbjudo.be
Tel : +32(0)10 24 44 01

Emergency Contact

Mrs Nica Antonis

+32(0)479 02 18 38

3. Venue

Sport Centre « La Préalles »
Rue Emile Muraille, 158
4040 Herstal
Belgium

4. Participation

EJU / IJF Member Federations can participate at the Training Camp. All participants must be at least 15 years old (born in 2005 and before).

5. EJU Participation Fee

€ 100,00 per participating athlete.

EJU sponsors € 70,00 for athletes of EJU Member Federations.

6. Responsibility of the Federations

The competitors will participate under the full responsibility of their National Federation or Club. Each National Federation or Club is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and the Belgian Judo Federation decline all responsibility.

7. Transport

From train station: Herstal Station (<http://www.belgianrail.be/en>) - **free of charge**

From airport: Brussels National Zaventem - **€ 25,00 per person, one way.** Please send the flight information of your delegation before January 10th to info@ffbjudo.be

Special offers:

Arrival

From the **tournament of Visé** on **Sunday 2nd Feb** (after the tournament): free of charge

From the **tournament of Herstal** on **Sunday 2nd Feb** (after the tournament): free of charge

Departure

To the **Paris Grand Slam**: € 60,00 /pp

The departure by bus to Paris is scheduled on Thursday morning. Lunch meal is not included.

The organizer will provide transfers between the **train station (Herstal Station)** and the **official hotel** as well as between the official hotel and the **venue**. Transportation will be offered only to those participants who are accommodated via the organizer.

8. Accomodation

Hotel reservation is handled on a first-come, first-served basis. Prices are per person. **Hotel reservation should be done through the online platform: <https://www.eju-judocamp-herstal.be/>**

Category A: *Post Hotel & Wellness* – Rue Hurbise, 160 - 4040 Herstal

FULL BOARD ACCOMODATION



Prices are for person per package

Single	€ 450,00
Double/Twin	€ 400,00

Transport to the venue will be provided from all hotels, only if you made reservations via the organizer.

Category B: *Hotel MANAVA, Route de Liers 114, 4041 Herstal*

<https://manavahotel.be>

FULL BOARD ACCOMMODATION (Lunch and dinner will be arranged in the hotel Post)



Single	€ 430
Double/Twin	€ 380

ATTENTION! LIMITED NUMBER OF ROOMS AVAILABLE

Full board starts with dinner (lunch packet) on Sunday evening Feb 2nd and ends with breakfast on Thursday morning Feb 6th.

Check-out not later than 11:00 AM, otherwise an additional night will be charged.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

Notice: Arrivals after the first day and early departures will NOT be refunded.

Judoka and Officials who are not staying at the official hotel have to pay € 100,00/person in addition to EJU Participation fee. There is also the possibility of external day training sessions: € 30,00/day in addition to EJU Participation fee.

9. Registration

When? On Feb 2nd from 6 PM or on February 3rd before the morning training.

Where? *Post Hotel & Wellness*. Rue Hurbise, 160 - 4040 Herstal

10. Deadlines

Final Entry & Travel details: **14.01.2020**

Payment: **20.01.2020**

Visa Application: **20.12.2019**

11. Cancellation policy

Up to 30 days before the arrival, full refund will be accorded. Up to 15 days before the arrival, 50% of the payment will be refunded. After the **Jan 20th**, no refund will be possible.

12. Extras

Snacks/drinks during the training camp.

This year, there will be snacks and drinks provided by Nocco BENELUX® and other partners during and in between the training sessions.

13. Payment

To confirm your entry, kindly complete the payment for accommodation before January 20th 2020 to our bank account. All bank fees and money transfer costs must be paid by the sender federation. **We regret not to accept credit cards on spot. Countries which cannot make bank transfers are entitled to pay in cash money upon arrival without any surcharge, if they inform the organizer and specify the number of participants before the hotel reservation deadline**

Account name: Fédération Francophone Belge de Judo
Name of bank: BNP Paribas FORTIS
Account No. IBAN: BE 83 2500 0678 3015
SWIFT address: GEBABEBB
Payment Reference: EJU Stage Herstal 2020 + "Your Federation's/Club's Name"

14. Visa

For nations who need visa to enter Belgium, please send the enclosed "Visa Application Form" fully filled not later than the **20th Dec 2019**.

15. Program

Date	Schedule	Warming up	Randori (2 groups: Women & Men)
Monday, February 3rd	10h-12h	15-20min	2 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	3 x 4 min – Ne Waza 8 x 4 min – Tachi Waza
Tuesday, February 4th	10h-12h	15-20min	3 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	8 x 4 (+1 GS) min – Tachi Waza
	20h	Coaches & officials drink	
Wednesday, February 5th	10h-12h	15-20min	3 x 4 min – Ne Waza 6 x 4 min – Tachi Waza
	16h-18h	15-20min	2 x 4 min – Ne Waza 7 x 4 min – Tachi Waza
Thursday, February 6th	10h-12h	15-20min	4 x 3 min – Ne Waza 5 x 4 min – Tachi Waza