



# EJU Training Camp Castelldefels 2016

## Spain

### July 01-08, 2016

#### 1. Date

**Friday 1<sup>st</sup> of July – Friday 8<sup>th</sup> of July 2016**

**Arrival** 1<sup>th</sup> of July before 7 pm. First training session on Saturday 2<sup>th</sup> at 10 am.  
Transport will be organized from Barcelona Airport to the official hotel.

**Departure** on Friday 08<sup>th</sup>.

#### 2. Organizer

**Royal Spanish Judo Federation**

Address: C/ Ferraz, 16  
28008 Madrid  
Spain

Email: castelldefels16@rfejudo.com  
Tel: 00 34 685 830 542  
Fax: 00 34 911 15 79 98

**Emergency Contact:** Ms. Carmen Calvo 00 34 685 830 542  
Mr. Serafin Aragüete 00 34 680 993 613

#### 3. Venue

*Sports Centre « PLAYAFELS »*  
Pseo Maritimo 52  
Castelldefels Playa

#### **4. Participation**

EJU / IJF Member Federations can participate at the Training Camp. All participants must be at least 15 years old (born in 2001 and before).

#### **5. EJU Participation Fee**

100 € per participating athlete.

EJU sponsors 70€ for athletes of EJU Member Federations.

#### **6. Responsibility of the Federations**

The competitors will participate under the full responsibility of their federations. Each National Federation is responsible for insuring its judoka against 'injury and third part risk (public liability)' during the period of the camp. The European Judo Union and the organiser decline all responsibility.

#### **7. Transport**

The Royal Spanish Judo Federation will organize the transfers from **Barcelona Airport** to the official hotel and back.

#### **8. Accommodation**

##### ***Hotel "Ciudad de Castelldefels"***

Paseo de la Marina, 212

08860 Castelldefels

Barcelona

Full board accommodation\* and prices per person:

	<i>1-08 July</i>	<i>Per extra day</i>
Single room ( <b>under special request</b> )	<b>1000 €</b>	<b>165 €</b>
Double/triple room	<b>810 €</b>	<b>145 €</b>

**Training will not permitted if the accommodation is out of the official hotels.**

The organization is free to distribute accommodation accordingly. Single rooms will be given under special request and availability

Check-out not later than 11:00 am, otherwise an additional night will be charged.

\* Full board is starting with lunch and dinner on Friday 1<sup>st</sup> and ending with breakfast on Friday 8<sup>th</sup>.

In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.

Notice: Arrivals after the first day and early departures will NOT be refunded.

## 9. Registration

Starts on July 1<sup>st</sup> when arriving at Hotel "Ciudad Castelldefels", Paseo de la Marina, 212 - 08860 Castelldefels, Barcelona.

## 10. Deadlines

Final Entry: 09.06.2016  
Payment: 20.06.2016  
Visa Application: 23.05.2016

## 11. Cancellation policy

Up to 30 days before the arrival, full refund. From 30-15 days before the arrival, 50% of the payment refund. After the **20<sup>th</sup> of June** no refund is possible.

## 12. Payment

To confirm your entry, kindly complete the payment for accommodation before **June 20<sup>th</sup> 2016** to our bank account. All bank fees and money transfer costs must be paid by the sender federation. We regret not to accept credit cards.

Account name: Royal Spanish Judo Federation  
Name of bank: LA CAIXA  
Account No. IBAN: ES54 2100 6322 1202 0004 5632  
SWIFT address/Bic code: CAIXESBBXXX  
Payment Reference: EJU TC Castelldefels 2016 + "Your Federation's/Club's Name"

## 13. Visa

For nations who need visa to enter Spain, please send the enclosed "Visa Application Form" fully filled not later than **May 23<sup>rd</sup> 2016**.

**14. Program**

<b>Date</b>	<b>Schedule</b>	<b>Warming up</b>	<b>Uchi-komi</b>	<b>Randori (2 groups: Women &amp; Men)</b>
Saturday, July 2th	10h-11.30h <b>MEN</b> 12-13.30 h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	17-18 .30h <b>MEN</b> 19.-20.30 h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 8 x (5 min + 1 min Golden Score) Tachi Waza
Sunday July 3th	10h-11.30h <b>WOMEN</b> 12-13.30 h <b>MEN</b>	10min	10 min Ne Waza	3 x 5 min – Ne Waza 5 x 5 min – Tachi Waza
	17-18 .30h <b>WOMEN</b> 19.-20.30 h <b>MEN</b>	10min	10 min Tachi Waza (moving)	8 x 5 min – Tachi Waza
Monday July 4th	10h-11.30h <b>MEN</b> 12-13.30 h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	17-18 .30h <b>MEN</b> 19.-20.30 h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	2 x 5 min – Ne Waza 7 x (5 min + 1 min Golden Score) Tachi Waza
Tuesday, July 5th	10h-11.30h <b>WOMEN</b> 12-13.30 h <b>MEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	17-18 .30h <b>WOMEN</b> 19.-20.30 h <b>MEN</b>	<b>FREE</b>		

Wednesday, July, 6th	10h-11.30h <b>MEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	12-13.30 h <b>WOMEN</b>			
	17-18 .30h <b>MEN</b>	10min	10 min Tachi Waza (moving)	2 x 5 min – Ne Waza 7 x (5 min + 1 min Golden Score) Tachi Waza
	19.-20.30 h <b>WOMEN</b>			
Thursday July 7th	10h-11.30h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	3 x 5 min – Ne Waza 6 x 5 min – Tachi Waza
	12-13.30 h <b>MEN</b>			
	17-18 .30h <b>WOMEN</b>	10min	10 min Tachi Waza (moving)	2 x 5 min – Ne Waza 7 x (5 min + 1 min Golden Score) Tachi Waza
	19.-20.30 h <b>MEN</b>			

**FRIDAY JULY 08** .....

**DEPARTURE**