



*Judo – more
than sport!*



EJU SEMINAR FOR HIGH GRADES 2012



Location: CANET EN ROUSSILLON, France (Near Perpignan)

Date: 24 (start at 16:00)-29 June (end of the seminar at 11:30) 2012

Deadline for registration: 20 April 2012

Contact for information and registration: gs@eju.net and international@ffjudo.com

Tel.: +33 1 40 52 16 35 (Anastasia)

Address: Halle des Sports Pierre de Coubertin - Avenue des Hauts Canet - 66140 CANET EN ROUSSILLON

Nearest international airports: Perpignan-Rivesaltes (15 km)

Prices:

Accommodation: - in double room full board basis - **560 €**, accommodation in single room is not available

(250 € deposit is required during the registration for guaranteeing the participation)

Bank Transfer: CREDIT LYONNAIS
PARIS SDC IDF EST 2
59 RUE LA FAYETTE
75009 PARIS Tel.: +33 1 42 95 07 11
Fax: +33 1 42 95 77 62

Account holder: F.F.J.D.A.

Address: PARIS SDC IDF EST 2 (05670)

National bank references:

Bank 30002 Indicative 00797 N° of account 0000004057D Key 27

INTERNATIONAL IDENTIFICATION

IBAN FR 94 3000 2007 9700 0000 4057 D27

BIC/ SWIFT Address: CRLYFRPP

Participation conditions: 6 Dan and more. Participation is validated by the National Federation.

Contact: *EJU Vice-President M. Franco Capelletti, EJU Education Director Mrs. Benedicte Rouby*
email: international@ffjudo.com



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Events spirit:

This seminar gathers since several years all the French High Grades.

- Exchange of experience and knowledge in different fields of judo, jujitsu, taïso.
- Application and judgment exercises: definition of exercises, experience sharing in groups.
- Technical intervention of national and international experts and trainers
- Theoretical intervention





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SEMINAR FOR HIGH GRADES – PROVISIONAL PROGRAMME 2012

DATES / TIME	CONTENT	EXPERTS	PLACE
Sunday 24 June 2012			
16h00	Welcome	J. Delvaux/E. Domagata	
17h00	Seminar opening and presentation of the programme	F. Sanchis/D. Janicot	Dojo
17h30 – 19h00	A - Koshiki no kata practice B - Ju no kata practice	M. Lionnet M. Algisi	Dojo
19h45	Welcome cocktail	J. Delvaux/E. Domagata	
20h30	Diner		
Monday 25 June 2012			
7h00	Breakfast		
8h00 - 9h30	B - Koshiki no kata practice A - Ju no kata practice	M. Lionnet M. Algisi	Dojo
9h45 - 11h15	Technical Intervention ne-waza and presentation of themes for work (Ne-waza principles)	C. Brunet/D. Janicot	Dojo
12h30	Lunch		
16h00 - 17h00	Work and free exchange		Dojo
17h00 - 18h00	Technical Intervention	JP Coche	
19h00 - 20h00	Intervention of Robert Van de Walle		Salle
20h30	Diner		
Tuesday 26 June 2012			
7h00	Breakfast		
8h00 - 9h30	A - Koshiki no kata practice B - Ju no kata practice	M. Lionnet M. Algisi	Dojo
9h45 - 11h15	Intervention ne-waza and fundamental techniques of ne-waza for 13-14 years (4 groups)	P. Vial	Dojo
12h30	Lunch		
16h00 - 17h00	Work and free exchange		Dojo
17h00 - 18h30	Intervention ne-waza and ne-waza fundamental principles for 13-14 years (4 groups)	S. Feist	Dojo
20h30			
Wednesday 27 June 2012			
7h00	Breakfast		
8h00 - 9h30	B - Koshiki no kata practice A - Ju no kata practice	M. Lionnet M. Algisi	Dojo
9h 45 - 11h 00	Exchange about the grades	A. Bourreau /M. Lionnet	Dojo
12h30	Lunch		
	Afternoon free		
20h30	Diner		
Thursday 28 June 2012			
7h00	Breakfast		
8h00 - 11h00	Intervention about ne-waza and ne-waza fundamental principles for 13-14 years		Dojo
12h30	Lunch		
16h00 - 17h00	Work and free exchange		Dojo
17h15 - 18h30	Ne-waza fundamental principles for 13-14 years		Dojo
21h00	Gala party under the presidency of Jean-Luc ROUGÉ	E. Domagata/J. Delvaux	
Friday 29 June 2012			
8h00 - 10h30	Exchanges with the EC of the French Federation	EC	Salle
10h30 - 11h00	Closing of the seminar Departure	JL Rougé/F. Sanchis J. Delvaux/E. Domagata	