



JUNIOR EUROPEAN CUP 2012
PORTUGAL
17TH & 18TH MARCH
BOYS & GIRLS UNDER 20



To the Presidents of the National Federations

Dear Mr. President,

The Portuguese Judo Federation is very pleased to invite your Federation to participate in the **PORTUGAL EUROPEAN CUP - JUNIORS**, which will be held in **Coimbra**, on **17th and 18th March 2012**.

Part of European Judo Union Calendar, the **PORTUGAL EUROPEAN CUP - JUNIORS** is one of the greatest international Judo festivals our country holds. Since the number and quality of participating national teams grows every year, we expect this eighth edition in Coimbra will turn out an excellent sport show to all those who watch it at the city's Multiuse Pavilion.

After the Tournament, an **International Training Camp** will take place in **Coimbra** from **March 19th to 22nd**. Assuring your presence is highly appreciated; it would be a great pleasure for us to welcome you in both events.

Looking forward to host you in our beautiful country, and presenting our best regards,

Yours Sincerely

Carlos Andrade
President of the Portuguese Judo Federation



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OUTLINES	
Organiser	Portuguese Judo Federation Address: Rua do Quelhas, 32, 1200-781 Lisboa, Portugal Telephone: +351 213 931 630 Fax: +351 213 969 296 E-mail: portugalevents@fjpt.pt
Emergency contacts	Ms. Catarina RODRIGUES: (+351) 918 682 041 – Organization matters Mr. Carlos RAMOS: (+351) 912 303 640 – Transfers matters
Date & Venue	March 17 th –18 th : 2012, Coimbra Multisports Pavillion Address: Praça Heróis do Ultramar, 3030-327 Coimbra Phone: +351 239 796 625
Competitors' Age	Both men and women competitors must be born between January 1 st 1993 and December 31 st 1997
Weight Categories & Duration Of Fights	Men: -55Kg, -60Kg, -66Kg, -73Kg, -81Kg, -90Kg, -100Kg +100Kg Women: -44Kg, -48Kg, -52Kg, -57Kg, -63Kg, -70Kg, -78Kg, +78Kg Duration: 4 minutes Golden Score: 2 minutes
Inscriptions & Deadlines	The NUMERICAL before January 20 th The NOMINAL before February 17 th The Flight SCHEDULE before February 17 th In order for an athlete to obtain points for the EJU Ranking List, his / her weight category should have participants from at least 2 different countries. If this is not the case, the competition can still be held, according to the organiser's decision. If, by the nominal deadline, there are less than 2 countries inscribed in any weight category, the organizer is obliged to inform immediately the NF concerned. According to EJU rules: Jumas inscription is obligatory. Participants must be registered in Jumas, otherwise they will face a late entry fee of € 30 per participant. The deadline is Monday of the week of the Tournament 12 th March 2012. Jumas membership ordered on site will cost € 30 per card. Jumas system for clubs will be launched in February; we will post the link on the EJU Website.
Transfers	The Portuguese Judo Federation assures the transportation of the delegation members inscribed by the official entry list from Official Hotel and SportHall . The transfer from Lisbon International Airport to Coimbra (200 km) must be booked together with your inscription and will have an additional cost of 20 euros per person/per journey. These conditions are for transfers on Friday (until 7 pm) and departure on Monday (Competition) and Thursday (training camp). Transfer on other periods may be providing on request. Please contact organization.
Accreditation	The Accreditation will take place at the Hotel D. Luis, according to the attached Official Programme.
Draw & Competition System	The draw will take place after the accreditation at the Hotel D. Luis, according to the attached Official Programme. <u>EJU/IJF Dress Code</u> : Jacket Suit and Tie. Competition systems with low number of participants: <ul style="list-style-type: none">▪ 2 entries: better of 2 fights, if 1-1 the third match will decide▪ 3,4,5 entries: one pool competition system (round robin).▪ 6 and more entries: DOUBLE REPECHAGE competition system Seeding of the top 4 competitors in each weight category according to the EJU Junior RL In case of 2 athletes from the same country in the Top 4, the athletes will be separated by Nation.
Coaches Conduct & Dress Code	The coach is responsible for his athlete's conduct from entering the competition venue until leaving it, before and after each contest. Coaching will be strictly limited to communication with athlete, tactical advice, encouragement, instructions in unexpected situations, as injury, etc. The coach will remain seated on his chair throughout the contest and will leave the mat together with his athlete. The coach should make sure that the competitor leaves the mat immediately; otherwise the whole team will be suspended. <ul style="list-style-type: none">• Draw meetings: jacket suit with tie• Elimination rounds: national track suit with trousers reaching down to shoes.• For the final block program (TV time): jacket suit with tie. The following are forbidden at any time: shorter trousers, undressed upper body, sleeveless T-shirts, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.
Weigh-in	The weigh-in will take place in the morning on each day of the event, at the OFFICIAL HOTELS, according to the attached Programme.



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	Athletes must present accreditation card and passport or national identity card with photo.								
Refereeing	The Referee Meeting will be at the Sport hall in the morning of the first day of competition (9.00 am), according to the Attached Programme. Each delegation should bring an IJF/ Continental licensed referee.								
Back Numbers	<p>The EJU will inform the organizer if the CHANGEABLE part is needed for that particular event. In this case, the organizer will deliver the CHANGEABLE part during registration, and the athletes can stick it themselves using the special glue on the back number.</p> <p>Numerical Inscriptions must be sent in about 2 months before. The participating federation should advise how many athletes will be participating.</p> <p>Each competitor taking part in the EJU events is obliged to have on the back of his Judogi the official 2011 EJU / IJF back number. The 2011 Back Number version is obligatory.</p> <p>The participating athlete / federation is responsible for ordering and sewing of the the back number, which must be the official EJU / IJF one. It should be ordered from www.mybacknumber.com. Production and delivery takes around 4 weeks. Athletes without the appropriate back number will be out of the competition, no reserve Judogis will be available</p> <p>The SPONSOR part (if needed) will be given to the head of delegation during registration, and the athletes can stick it themselves using the special glue on the back number. In case the participating federation sends fewer athletes than registered in the numerical entry, the federation will be charged the cost of the back number of all cancelled athletes.</p> <div style="text-align: center;"> </div> <p>Blue & White Judogi is obligatory. Judogi control according to Sokuteki rule.</p> <p>All Judoka must compete in IJF Approved Judogi. The detailed information about the Judogi is available on the EJU website.</p>								
Insurance	The organizers of the event and the Portuguese Judo Federation (or any of its officials or members) will not be liable or responsible for arising accident or damage during participation (competition and training sessions) or traveling in connection with this competition. Each delegation must assume full responsibility for accident and health insurance as well as the civil liabilities and assistance repatriation for their competitors and officials during their stay in Portugal.								
Official Hotels	<p><u>Best Western Hotel D. Luís</u> 3040-091Coimbra Telephone: +351 239 802 120 - Fax: +351 239 445 196 Website: http://www.hoteldluis.pt/</p> <p><u>Hotel Dona Inês</u> Rua Abel Dias Urbano, 12 3000-001 Coimbra Phone: +351 239 855 800 – Fax: +351 239 855 805</p>								
Accommodation Costs	<p>Reservations are to be made through the Portuguese Judo Federation. The price includes:</p> <ul style="list-style-type: none"> • Lodgement and meals • Transfers Official Hotel and Sporthall <p>COMPETITION (Friday dinner to Monday breakfast):</p> <p>Full Board Cost per person and per night</p> <table style="margin-left: 20px;"> <tr> <td>In Single Room</td> <td style="text-align: right;">110 €</td> </tr> <tr> <td>In Double/Triple Room</td> <td style="text-align: right;">85 €</td> </tr> </table> <p>Extra Night: under consulting.</p> <p>TRAINING CAMP:</p> <p>Special Price for the training camp: 3 nights full board/person</p> <table style="margin-left: 20px;"> <tr> <td>Single Room</td> <td style="text-align: right;">255 €</td> </tr> <tr> <td>Double Room</td> <td style="text-align: right;">210 €</td> </tr> </table>	In Single Room	110 €	In Double/Triple Room	85 €	Single Room	255 €	Double Room	210 €
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	NOTE: Delegation Members no staying on the official hotel, will have to pay a 100 euros inscription fee.
Payment	<p>Payments must be effected through bank transfer before March 2nd-, after this deadline a 10% additional fee will be charge.</p> <p>Payments during the accreditation will have a <u>10% additional charge</u> and must be pay in cash, only! No exception will be allowed!!</p> <p>We strongly advise you to choose the bank transfer mode.</p> <p>Our bank account number:</p> <p align="center">Bank Information:</p> <p align="center">Account Name: FEDERAÇÃO PORTUGUESA DE JUDO Account Number: 0410 3506 0007 BIC/SWIFT: BESCPTPL NIB: 0007 0041 00035060007 79 IBAN: PT50 0007 0041 0003 5060 0077 9 Bank Name: BANCO ESPÍRITO SANTO Bank Address: LAPA</p>
OFFICIAL PROGRAMME Friday, March 16 th	<p>Arrival of the National Delegations</p> <p>15H00/19H00 - Registration and Accreditation at the Hotel D. Luís</p> <p>(please note there is a 2h00m journey between Lisbon Airport and Coimbra)</p> <p>21H00 – Draw at the Hotel D. Luis</p>
Saturday, March 17th	<p>07H00/07H30 – Unofficial weigh-in at Hotel D. Luís / Hotel Dona Inês</p> <p>07H30/08H00 – Official weigh-in at Hotel D. Luís/Hotel Dona Inês</p> <p>09H30 – Referee meeting at the Sporthall</p> <p>10H00 – Preliminaries, repechage and finals of groups</p> <p>After – Final Block</p> <p align="center">Men: -55Kg, -60Kg, -66Kg, -73Kg Women: -63Kg -70Kg, -78Kg, +78Kg</p>
Sunday, March 18th	<p>07H00/07H30 – Unofficial weigh-in at Hotel D. Luís/Hotel Dona Inês</p> <p>07H30/08H00 – Official weigh-in at Hotel D. Luís/Hotel Dona Inês</p> <p>10H00 – Preliminaries, repechage and finals of groups</p> <p>After – Final Block</p> <p align="center">Men: -81Kg, -90Kg, -100Kg, +100Kg Women: -44Kg, -48Kg, -52Kg, -57Kg</p>
Monday, March 19th	<p>Departure of the Delegations/ Beginning of the Training Camp</p> <ul style="list-style-type: none"> - The Portuguese Senior National Team will take part on the Training Camp. - Training Camp Programme (to be confirm locally):

DATE	19/03/2012	20/03/2012	21/03/2012	22/03/2012
Morning Session	11:00 – 12:30	10:00 – 12:00	10:00 – 12:00	10:00 – 12:00
Afternoon Session	17:00 – 19:00	17:00 – 19:00	17:00 – 19:00	--