



*Judo – more
than sport!*

***Individual European Championships
(Under 23 Years)
Women and Men
2009***

COMPETITION RULES





Individual European Championships (U23) Women and Men

INTRODUCTION BY EJU PRESIDENT

Dear friends.

On behalf of the European Judo Union, it is my pleasure to cordially welcome the participants and guests of the Individual European Championships Under 23 Years.

I would like to express my gratitude to the Turkish Judo and Kurash Federation, as the organiser of this event, and have no doubt that the tournament will be held to the highest level of professionalism.

I can assure you, athletes and fans, that the Individual European Championships Under 23 Years in Antalya, will leave a lasting impression on everybody present. This is a perfect opportunity to see the European candidates for participation in the Olympic Games 2012 and will allow us to chart their journeys from the beginning of their careers to, we hope, a glorious result at the final.

From the bottom of my heart, I wish all the participants in the Championship the very best of luck and hope that they are able to add their own glorious chapter to the history of European and International judo.

Sergey Soloveychik
President
European Judo Union



Individual European Championships (U23) Women and Men

INTRODUCTION BY FEDERATION PRESIDENT

Turkish Judo and Kurash Federation is going to proudly hold U23 European Judo Championships in between 20-22 November, in Antalya. On behalf of our federation and Turkish Judo Family, it is a great honor to invite all distinguished members of EJU to U23 European Judo Championships and further, to our country.

U23 European Judo Championships is of great importance for development of judo in Turkey, as well as Antalya city in order to present Turkish hospitality. A Mediterranean city, Antalya is very excited to host spirit of Judo and Judo lovers from all points of Europe, preparing further surprises more and more.

I would like to take this opportunity to welcome all of the delegations of the participating countries, wishing them success and great performances in the name of Judo. Antalya will send you back to your countries with fantastic impressions and with a strong desire to be back again.

Let's meet in Antalya for U23 European Judo Championships...

Kind regards,

Mr. Fatih UYSAL

President

Turkish Judo and Kurash Federation



Individual European Championships (U23) Women and Men

1. Technical Information

1.1. DATE

The competition will be held on the 20th, 21st and the 22nd of November 2009.

1.2. PARTICIPATION

Each delegation may enter up to a maximum of 1 athlete per category, totalling up to 14 athletes. The athletes can only be entered only in one weight category, the one in which they are enrolled.

The competitors must be of the same nationality as the country, which enters them.

Competitors who have double nationality can only represent 1 country. **After having represented a country in the Olympic Games, in continental or regional games or in world or regional Championships, recognised by the EJU, he may not represent another country unless he meets the conditions set forth in the next paragraph.**

When a competitor changes nationality, he must wait 3 years before he can represent the new country, unless the two countries concerned (the old country and the new country) agree to authorize his entry for the new nationality and this is accepted by the EJU (According to the Olympic charter Art. 42).

1.3. AGE

Competitors born in the year 1987 and after.

Note: During the Congress held in 1998, it was approved that athletes under the age of 15 years of age are not allowed to compete at any EJU championship.

Therefore, during these championships, no athletes born after 1994 are allowed to participate.

1.4. WEIGHT CATEGORIES

Women

Weights: -48 kg ; -52 kg ; -57 kg ; -63 kg ; -70 kg ; -78 kg ; +78 kg

Men

Weights: -60 kg ; -66 kg ; -73 kg ; -81 kg ; -90 kg ; -100 kg ; +100 kg

1.5. INSCRIPTION

Numerical inscriptions

The numerical inscriptions must arrive at the EJU secretariat and the organisers about two months before the start of the competition. (See Annex 2 for the deadline and the address of the EJU Secretariat can be found in Annex 4. Please use Form 1 for the numerical inscription). **The numerical inscription will stipulate the number of back numbers printed and posted for the participating national federation.**

Nominal inscriptions

The nominal inscriptions must be entered into JUMAS. The JUMAS entry closes the Monday of the week before the championships, that is 11 days before the tournament. (Form 2 must be sent to the organisers. See Annex 2 for the deadlines).

Entry fee

The federations must pay an entry fee per competitor, the moment they make the numerical entry.

The inscription fee is 100 Euro per participating competitor, to be paid to:

European Judo Union (EJU)

UBS AG in Basel

Bank-Clearing-Nr: 0233

Account-Nr: 00664741.01M

Euro-account-Nr: 00664741.02C

Account holder: European Judo Union

IBAN no: CH 58 00 23 32 33 66 47 41 02 c

SWIFT code: UBSWCHZH40A

All payments entered after the inscriptions deadline will be 125 Euro per competitor.



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1.6. COMPETITION FORMULA

The Competition will be run on the quarter final repechage system:

An elimination system with repechage starting at the quarterfinal (last 8), i.e. for all categories the competitors will be divided into two tables by means of a "draw", and an elimination system will be used to produce two finalists.

The competitors defeated in the quarterfinal will compete in two repechage contests:

- The winners of each of this two repechage contests will compete in Bronze medal contests against the loser of the semifinal contest of the respective oposite table.
- The winners (2) of those contests are placed third;
The losers (2) are placed fifth
- The losers (2) of repechage contests are placed seventh.

1st day

women: -48 kg / -52 kg / -57 kg

men : -60 kg / -66 kg

2nd day

women : -63 kg / -70 kg

men : -73 kg / -81kg

3rd day

women : - 78 kg/ +78 kg

men : - 90 kg / -100 kg / +100 kg

Elimination rounds will be held on 3 mats, the fight for the bronze medals on 2 mats, and the finals on 1 mat.

1.7. DURATION OF CONTESTS

The duration of each contest will be that of 5 minutes for men and for women and the Golden Score will be 3 minutes.

1.8. WEIGH IN

The weigh-in takes place on the same morning between 07:30hrs and 08:00hrs, as the competition for the category concerned. Unofficial weigh-in takes place between 07:00hrs and 07:30hrs.

The weight of the fighters has to fall within the category in which they are enrolled.

The fighters:

- Presenting themselves after the closing of the weigh-in, cannot participate at the competition.
- Can present themselves only one time at the official weigh-in.
- Must present their EJU accreditation and an official piece of identity (identity card or passport) at the official weigh-in.

The weigh in will be held at the **Room ASPENDOS 2 (Men) and Room OLIMPOS (Women) at the Hotel Falez.**

1.9. DRAW

The draw will take place at 20:00hrs in **(Room ASPENDOS) at the Hotel Falez** the eve before the first day of fights after the nation control.

In each weight category there will be seeding of eight (8) athletes:

- the medal winners (gold, silver and two bronze) from the EC U23 in Zagreb 2008
- additional athletes from the IJF World Ranking List up to the total of eight

Note: before the draw the lists of each category are hung in the draw room / in the corridor outside the draw room. Each head of delegation should check that all his inscribed athletes are on these lists and that they are under the right category. No corrections can be made after the draw.

1.10. CONTROL OF NATIONS

a. Finances

The federations must be in order with the annual fee and other financial obligations to the EJU.

The entry fee per competitor must be paid to the EJU.



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In order to take part at the competition the national federation must have fulfilled the necessary payments to the organizer and the EJU.

If fewer competitors participate at the competition than the number of participants entered by the federation, the surplus paid entry fee will be taken into credit for the following event on behalf of the concerned federation.

b. Control of Nations

Identity: Nationality and age of the participants. (each athlete's passport has to be presented to the EJU official. The competitors must not be present at the nation control.)

List of entries: The list of entries is confirmed with the EJU official.

No inscription will be accepted after the end of the nation control.

c. Accreditation

A list of all the inscribed athletes is generated by the JUMAS system, which is confirmed by the head of delegation that it is the final list.

The EJU accreditation cards, which are printed from JUMAS, must be presented at the official weigh-in and before each fight.

1.11. CLOTHING

The competitions will be held in white and blue judogi.

Judogi markings must be in accordance with the EJU regulations and previous back numbers must be removed. The back numbers will be sent by post by the organising federation to the participating federation, about 2 months before, and will have to be sewn to the judogi before the athletes arrive at the host country.

NOTE: all competitors participating at the European Championships have to carry their surname on the judogi and the official backnumber previously sent by the Organiser (see Annex 5 "Judogi")

In case that competitors are not having marks on judogi, according to regulations (surname of competitor and back number), the athlete will not be allowed to compete.

The women competitors must wear a white non-transparent T-shirt, The bras must not have any hard pieces.

Long hair has to be bound with an elastic band.

Make-up and jewellery are prohibited.

The nails have to be cut short.

1.12. RESPONSIBILITY OF THE FEDERATIONS

d. Medical certificate

The sex certificate and the medical certificate of the fighters are not required.

The fighters will compete under the full responsibility of the federations.

e. Insurance

Each national federation is responsible for insuring its competitors against « injury and third part risk (public liability) » during the period of the championships.

The European Judo Union declines all responsibility.

f. Attitude of the competitors

The member-federations are responsible vis-à-vis the EJU concerning the general attitude of their fighters.

1.13. COACHES

Revised IJF Coaching Code, which enters into force as from the World Cadets Championships 2009, will apply (see Annex 6).



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2. Anti-Doping (extracts from EJU Medical Handbook)

2.1. SELECTION OF ATHLETES

The Gold Medal Winner and another Drawn Medallist from the rest (TWO tests PER WEIGHT CATEGORY contested)

2.2. SELECTION OF ATHLETES

The summons for the doping test is handed by an escort or EJU doctor to the competitor selected to the doping control after her/his last fight, when the athlete is leaving the restricted area. Another system to give the notification to the athlete can be used if EJU Doctor, Sport Director in charge and Chief of Chaperons so decides. The Notification Form to the athlete has to be handed latest when the athlete comes down from the podium after the Award Ceremony. The escort writes the time on the form. The athlete must sign the form and have a copy. The escort gives the original one to the doping control staff, who records the actual time of arrival on the summons, signs it and verifies the identity of the competitor (ID card, passport ...). The Athlete has to register by maximum 60 min. after he/she has signed the notification form (including press) at the doping control station. The escort has to be physically beside the competitor and keep the competitor under observation (visible) all the time and accompany her/him to the waiting room at the Doping Control Station (DCS). Interruption of the doping control procedure is allowed only for victory ceremonies. During the interruption the athletes have to be under observation of the escorts at all times. A person may accompany the competitor to the Doping Control Station and may watch all procedures except urination.

2.3. SAMPLE TAKING PROCEDURE

Only one competitor at a time shall be called into the test room (= working room, consulting area).

The competitor shall select by her/himself a urine collection vessel and check it. After that she/ he goes into the toilet accompanied by DCO. She/he have to wash her/his hands **without soap** and dry them. Then he/she urinates a minimum of 90 ml into the collection vessel under observation of the Doping Control Officer who must be of the same gender as the competitor. After the collection vessel is full or minimum 90 ml urine has been produced she/he must empty her/his urinary bladder. Any clothing preventing the direct observation of the urination shall be removed.

When requested urine volume of 90 ml (minimum) has been provided, the competitor shall select a urine control kit, open and check it and pour by her/himself 30 ml (minimum) first into bottle B and then 60 ml (minimum) into bottle A. Few drops of urine shall remain in the collection vessel to check specific gravity. The competitor shall close the A and B bottles hermetically. The remaining urine is to be destroyed after sealing of bottles A and B. If the amount of urine is less than 75 ml, partial sample kit or temporary sealing is needed.

If the amount of urine is less than 90 ml, partial sample kit or temporary sealing is needed. The specific gravity must be 1.010 or higher (stick) or 1.005 or higher in case of refractometer has been used. If not, another sample is needed.

It is the responsibility of the Athlete to provide a Sample with a Suitable Specific Gravity for Analysis. If his/her first Sample is too dilute, he/she should not need further hydration and therefore should avoid drinking as far as possible until a Sample with a Suitable Specific Gravity for Analysis is provided.

The DCO should continue to collect additional Samples until the requirement for Suitable Specific Gravity for Analysis is met, or until the EJU doctor determines that there are exceptional circumstances, which mean that for logistical reasons it is impossible to continue with the Sample Collection Session. Such exceptional circumstances shall be documented accordingly by the EJU Doctor. (According to WADA IST : Number of urine samples is as many as needed to get suitable SG. There is no time limit, neither)

If it is determined that none of the Athlete's Samples meets the requirement for Suitable Specific Gravity for Analysis and the EJU doctor determines that for logistical reasons it is impossible to continue with the Sample Collection Session, the EJU doctor may end the Sample Collection Session. In such circumstances, if appropriate the ADO may **investigate a possible anti-doping rule violation**.

The competitor shall declare any medications, vitamins, herbal products, food supplements that were ingested in the previous 7 days. The competitor shall certify, by signing the protocol form, that the procedure has been performed according to the rules of EJU. Any irregularities e.g. problems to keep order etc. identified by the competitor, accompanying person, officers or EJU doctor shall be recorded.

The Doping Control Officer, accompanying person (if present) and EJU doctor (if present and seen the whole procedure) sign the Doping Control Record.

The competitor shall be given a copy of the Form, and EJU doctor an original and rest of the copies of the form. After the test procedure he/she and the accompanying person must leave the station.



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3. Refereeing

3.1. LEVEL OF THE REFEREES

The contests will be refereed by Continental and International Referees ranked in the SENIOR Group by the EJU Refereeing Commission for the year 2009.

3.2. INSCRIPTIONS

The number of referees per federation is limited to:

Each Federation may enter **1 Referee**.

The organizing country may enter **3 Referees**.

The EJU REF COM may limit the number of Referees according the entries.

Each participating federation has to enter at least one referee, depending from ranking of EJU- ref-com.

Only the referees entered by their federation can referee.

The costs for travelling, board and lodging of the referees are at the costs of the member federation.

Inscriptions have to be sent to the EJU General Secretariat & entered in JUMAS not later than 2 weeks before the championships. (See Annex 2 for exact date). An inscription form is enclosed as Form 3.

3.3. REFEREE MEETING

A referee meeting is scheduled the evening before the first competition day, **at 19:00hrs at the room ASPENDOS at the hotel FALEZ.**

The attendance to the Referee meeting is strictly compulsory.

If an entered referee does not present himself, his federation can be imposed of a penalty according to the list of penalties of the EJU (dated 28.4.1982).

3.4. REFEREEING RULES

The refereeing rules are the IJF and EJU rules.

It's obligatory to take a decision at the end of each fight.

For each contest, three referees will be appointed who will not be of the same nationality as either of the competitors. (The referee draw is done by computer)

EJU Jury

The jury is not an appeals jury.

It can be consulted by the referees in case of any difficulty. In no circumstances can the competitors or their representatives of their delegation consult the jury.

No protest against the referees' decisions will be accepted.

Withdrawal by injury:

During eliminations

- if the responsibility of the injury cannot be attributed to one of the fighters, the injured fighter shall loose the contest.

- if the responsibility of the injury is attributed to one of the fighters, the other will be declared winner.

The fighter responsible for the injury will not be able to participate at the repechages.

- In case of withdrawal, the fighters cannot present himself for the following fights.

During the finals or semi-finals

- if the responsibility of the injury cannot be attributed to one of the fighters, the injured fighter shall loose the contest.

- if the responsibility of the injury is attributed to one of the fighters, the other will be declared winner.

Note: a fighter who has been declared as a loser by injury can continue the competition. A fighter who has got a direct « hansokumake » as the penalty against the spirit of our sport, will not be authorised to continue the competition.

3.5. JUDOGI CONTROL

In order to enforce the proper size and measurements of judogi as defined by the Competition Rules and fair conditions for athletes, the special measuring device SOKUTEIKI and a new procedure of judogi control will be used. See the attachment « IJF Sokuteiki Rule ».



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4. Local Information

4.1. HALL

The Championships will be held at the **DILEK SABANCI sport Complex**.

4.2. NEAREST AIRPORT

Antalya International Airport

4.3. NEAREST TRAIN STATION

Antalya main railway station.

4.4. OFFICIAL HOTELS

5 / 4superior star – **HOTEL FALEZ**

4 star – **HOTEL DELPHINO**

3 star – **HOTEL START**

More information about rates and payment in Annex 1.

4.5. TRANSPORT

The organizer will take care of the transportation from **Antalya International Airport** or from **Antalya main railway station**.

Participating National Federations are responsible for their own travel to Antalya, TURKEY.

4.6. MEDIA ACCREDITATION

AIPS licence holders can apply for Media accreditation at the **Room MEDIA at DILEK SABANCI Sports Complex** on the 22nd of November from 10:00hrs till 18:00hrs Please use Form 4 to apply for Media Accreditation.

4.7. PROCESS FOR VISA APPLICATION

Nations who need a VISA to enter the Organising Country have to send the list of participants with names, passport number, passport date of issue, date of birth, and functions.

More information about Visa application in organizer's information.

4.8. FREE ACCREDITATION PER DELEGATION

Each Delegation will be given a number of free accreditations depending on the number of athletes.

1 - 2 competitors	- two officials
3 - 4 competitors	- three officials
5 - 6 competitors	- four officials
7 - 8 competitors	- five officials
9 - 10 competitors	- six officials
11 - 12 competitors	- seven officials
13 - 14 competitors	- eight officials



Individual European Championships (U23) Women and Men

Annex 1. Organizer's Information

Organizer:	Turkish Judo Federation ULUS is hanı kat 8 A blok ULUS ANKARA TURKEY Tel+90 312 3091071 Fax+90 312 3116208 e-mail: turkjudo@judo.gov.tr official competition website: www.judo.gov.tr /ECh 23																																												
Accommodation & Catering	<p>The organizing committee is providing hotels in three categories on full board basis. The prices quoted here are in Euro per person per night.</p> <p>5 star / 4 superior –Hotel FALEZ (100 single rooms,50 double rooms, and 50 triple rooms are available) (Breakfast,lunch and dinner are open buffets.All soft drinks and water are included.)</p> <table border="1"><thead><tr><th></th><th>Bed & Breakfast</th><th>Half Board</th><th>Full board</th></tr></thead><tbody><tr><td>Single room</td><td>150</td><td>160</td><td>180</td></tr><tr><td>Double room</td><td>130</td><td>140</td><td>150</td></tr><tr><td>Triple room</td><td>110</td><td>120</td><td>130</td></tr></tbody></table> <p>Distance from Sports Hall: 0.5 Km</p> <p>4 star –HOTEL DELFINO (10 single rooms, 15 double rooms, and 0 triple rooms are available)</p> <table border="1"><thead><tr><th></th><th>Bed & Breakfast</th><th>Half Board</th><th>Full board</th></tr></thead><tbody><tr><td>Single room</td><td>120</td><td>130</td><td>150</td></tr><tr><td>Double room</td><td>90</td><td>100</td><td>120</td></tr></tbody></table> <p>Distance from Sports Hall: 7 Km</p> <p>3 star –Hotel START (5 single rooms, 10 double rooms, and 5 triple rooms are available)</p> <table border="1"><thead><tr><th></th><th>Bed & Breakfast</th><th>Half Board</th><th>Full board</th></tr></thead><tbody><tr><td>Single room</td><td>100</td><td>110</td><td>130</td></tr><tr><td>Double room</td><td>80</td><td>90</td><td>110</td></tr><tr><td>Triple room</td><td>60</td><td>70</td><td>90</td></tr></tbody></table> <p>Distance from Sports Hall: 4 Km</p> <p>Please be informed, that your reservations will be processed according to the date of your booking. In case your requested hotel is fully booked, your federation will be informed and asked for a new reservation.</p> <p>Please make your reservation (by sending Form 5) before 20 October 2009.</p> <p>All participants to be accredited must stay at one of the official hotels.</p> <p><u>In case of any damage to hotel property or competition venue caused by members of a delegation, the referring national federation will be charged by the organizing committee.</u></p>		Bed & Breakfast	Half Board	Full board	Single room	150	160	180	Double room	130	140	150	Triple room	110	120	130		Bed & Breakfast	Half Board	Full board	Single room	120	130	150	Double room	90	100	120		Bed & Breakfast	Half Board	Full board	Single room	100	110	130	Double room	80	90	110	Triple room	60	70	90
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Double room	80	90	110																																										
Triple room	60	70	90																																										
Training Sessions	For the training sessions on Thursday and the three competition days, please contact the Federation for further details.																																												
Accreditations:	The times for check-in and registration for accreditation at the(Room OLIMPOS) at the Hotel FALEZ are specified in the program. Participating federations must arrive and check-in within the time limits of the check-in and registration for accreditation.																																												
Tickets :	Entry tickets will be sold at competition venue box-office.																																												
Liability:	Neither the organizer of the event, nor the Georgian Judo Federation (nor any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to your property arising out of your participation and travelling in connection with these events.																																												
Visa guidelines:	The Turkish Judo Federation will help with obtaining entry visas for athletes and officials. Please send Form No 7 via e-mail or fax not later than 01 October 2009 Please specify all information that is needed in the invitation letters for visas.																																												



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Annex 2. DEADLINES

1.1. Numerical Inscription

20th September 2009

1.2. Hotel Reservation

20th October 2009

1.3. Payment

20th October 2009

1.4. Media accreditation

9th November 2009

1.5. Travel schedule

9th November 2009

1.6. Transfer and Training before Competition

9th November 2009

1.7. Nominal Inscription

9th November 2009

By email or fax or post to the Turkish Judo Federation
Via Jumas to the European Judo Union

1.8. Referee Inscription

9th November 2009

1.9. Visa

01 October 2009



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Annex 3 : Programme

ZEITPLAN (Einleitender Zeitplan)	PROGRAM (Provisional time schedule)	PROGRAMME (Sous réserve de modifications)
<p>Mittwoch, den 18 November 2009 Ankunft EJU Delegation Anreise Delegationen 14.00 - 18.00 Uhr Anpassung und Finanzielle</p> <p>Donnerstag, den 19 November 2009 Anreise der Delegationen 10.00 - 18.00 Uhr Anpassung und Finanzielle 10.00 - 18.00 Uhr Akkreditierung 19.00 Kampfrichterbesprechung 20.00 Auslosung</p> <p>Freitag, den 20 November 2009 07.00 - 07.30 Uhr inoffizielle Waage 07.30 - 08.00 Uhr offizielle Waage 10:00 Uhr Beginn der Vorkämpfe und Semifinale 16.00 Uhr Beginn der Finale und Bronzekämpfe, Medaillen Zeremonie Frauen - 48 / -52 / -57 kg Männer - 60 / - 66 kg</p> <p>Samstag, den 21 November 2009 07.00 - 07.30 Uhr inoffizielle Waage 07.30 - 08.00 Uhr offizielle Waage 10:00 Uhr Beginn der Vorkämpfe und Semifinale 15.30 die Öffnung Zeremonie 16.00 Uhr Beginn der Finale und Bronzekämpfe, Medaillen Zeremonie Frauen - 63 / - 70 kg Männer - 73 / - 81kg</p> <p>Sonntag, den 22 November 2009 07.00 - 07.30 Uhr inoffizielle Waage 07.30 - 08.00 Uhr offizielle Waage 10:00 Uhr Beginn der Vorkämpfe und Semifinale 16.00 Uhr Beginn der Finale und Bronzekämpfe, Medaillen Zeremonie Frauen : -78 / + 78 kg Männer : - 90 / - 100 / + 100 kg</p> <p>Montag, den 23 November 2009 Abfahrt Delegationen</p>	<p>Wednesday, 18th November 2009 Arrival of the EJU Directing Committee members / Commission members Arrival of delegations 14.00-18.00 Financials & Hotel Check-in</p> <p>Thursday, 19th November 2009 Arrival of delegations 10.00-18.00 Financials & Hotel Check-in 10.00-18.00 Registration 19.00 Meeting of the referees 20.00 Draw</p> <p>Friday, 20th November 2009 07.00 - 07.30 Unofficial weigh-in 07.30 - 08.00 Official weigh-in 10:00 Elimination rounds, repechage 16:00 Bronze medal fights, finals and awarding Women : -48 / -52 / -57 kg Men : -60 / -66 kg</p> <p>Saturday, 21st November 2009 07.00 - 07.30 Unofficial weigh-in 07.30 - 08.00 Official weigh-in 10:00 Preliminaries, repechage 15.30 Opening ceremony 16.00 Finals Women : - 63 / - 70 kg Men : - 73 / - 81kg</p> <p>Sunday, 22nd November 2009 07.00 - 07.30 Unofficial weigh-in 07.30 - 08.00 Official weigh-in 10:00 Preliminaries, Repechage 16.00 Finals Women : -78 / +78 kg Men : - 90 / -100 / +100 kg</p> <p>Monday, 23rd November 2009 Departure of the delegations</p>	<p>Mercredi le 18 Novembre 2009 Arrivée des membres du Comité Directeur de l'UEJ/Membres des Commissions Arrivée des délégations 14h00-18h00 18h00 Enregistrement à l'hôtel et contrôle des paiements de logement</p> <p>Jeudi le 19 Novembre 2009 Arrivée des délégations 10h00-18h00 Enregistrement à l'hôtel et contrôle des paiements de logement 10h00-18h00 Accréditations 19h00 Réunion des arbitres 20h00 Tirage au sort</p> <p>Vendredi le 20 Novembre 2009 07h00 - 07h30 Pesée officielle 07h30 - 08h00 Pesée officielle 10h00 Préliminaires, repêchage 16h00 Finales Femmes -48 / -52 / -57kg Hommes -60 / -66 kg</p> <p>Samedi le 21 Novembre 2009 07h00 - 07h30 Pesée officielle 07h30 - 08h00 Pesée officielle 10h00 Préliminaires, repêchage 15h30 Cérémonie d'ouverture 16h00 Finales Femmes : - 63 / - 70 kg Hommes : - 73 / - 81kg</p> <p>Dimanche le 22 Novembre 2009 07h00 - 07h30 Pesée officielle 07h30 - 08h00 Pesée officielle 10h00 Préliminaires, repêchage 16h00 Finales Femmes : -78 / +78 kg Hommes : - 90 / -100 / +100 kg</p> <p>Lundi le 23 Novembre 2009 Départ des délégations</p>



Individual European Championships (U23) Women and Men

Annex 4 : Contact Information

4.1 Address & Contact Details of Organising Committee

Address: Turkish Judo Federation Ulus Is hanı Blok Kat B Ulus Ankara/Turkey

Tel Number: +90 312 3091071

Fax Number: +90 312 3116208

Email: turkjudo@judo.gov.tr

Bank Account owner : Turkish Judo and Kurash Federation

The name of Bank: T.GARANTI BANKASI

Branch: Ataturk Bulvarı Subesi

Account Nr: 710-9090648

IBAN: TR 96 0006 2000 7100 0009 0906 48

SWIFT: TGBATRISXXX

4.2 Address & Contact Details of EJU General Secretariat

Address: General Secretariat
European Judo Union
37, Marina Court
G. Cali Street
Ta Xbiex MSD 14
MALTA

Tel Number: +356 2131 0463 / +356 2731 0463

Fax Number: +356 2540 1186 / +356 2131 8853

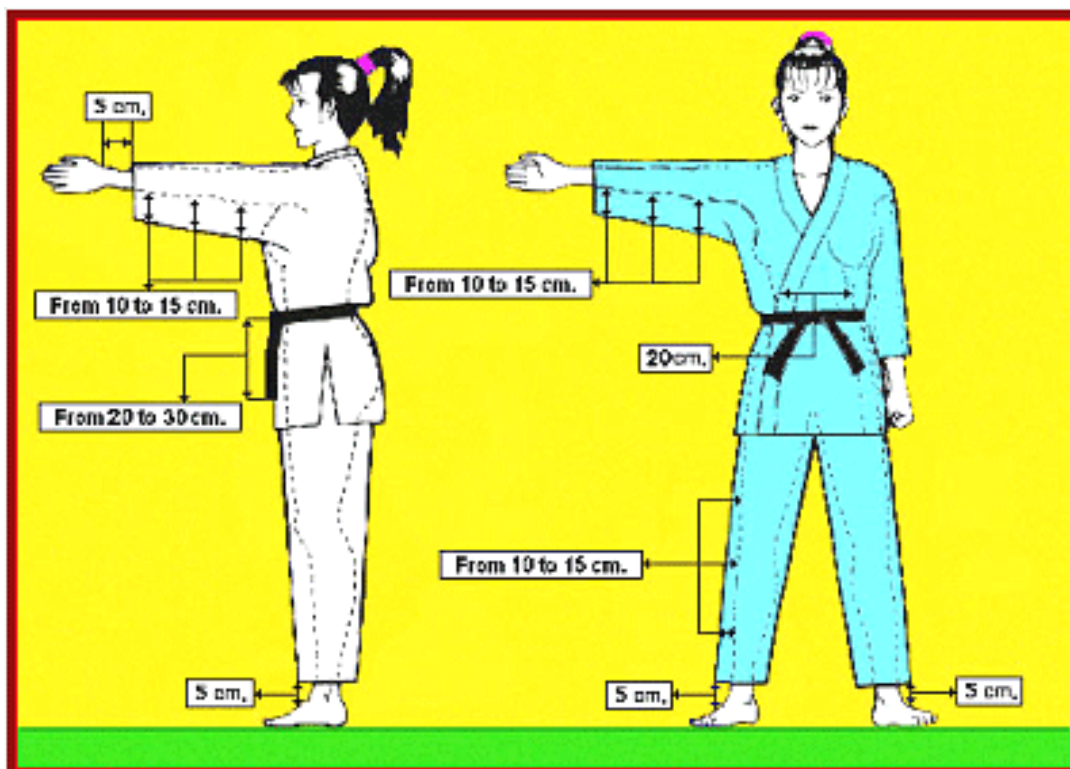
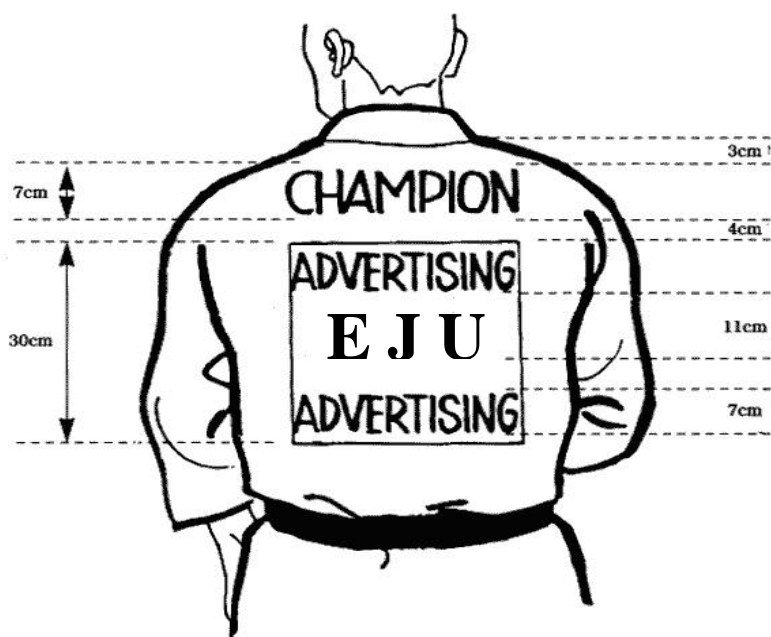
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Individual European Championships (U23) Women and Men

Annex 5 : Judogi Information

If the Judogi of the athlete does not comply with all the specifications of the EJU and the IJF, the athlete will be disqualified from the tournament.





Individual European Championships (U23) Women and Men

Annex 6 : Coaches

Since the 1st January 2009, when the relevant IJF rule entered into force, a permanent exchange of views and communication on this issue among the coaches and IJF representatives took place. Most importantly, coaches' conduct during major events has improved considerably. The IJF therefore approved modifications concerning coaches in the IJF events.

4.1. POSITION OF COACHES

Chairs for two coaches per each competition mat, for the blue and the white side, will be provided behind the barrier of advertising panels.

4.2. CONDUCT OF BEHAVIOUR OF COACHES

The coach is responsible for his athlete's conduct from entering the competition venue until leaving it, before and after each contest.

Coaching will be strictly limited to communication with athlete, tactical advice, encouragement, instructions in unexpected situations, as injury, etc.

The coach will remain seated on his chair throughout the contest..

Forbidden behavior of a coach:

- Any comments on or criticism of the referees' verdicts.
- Demanding correction of the referees' decisions
- Any abusive gestures toward referees, officials, or public
- Touching, hitting, kicking, etc. the advertising panels or any equipment
- Any kind of behavior showing disrespect to the opponent, referees, officials, opponent's coach, his own athlete, the public, etc.

Dress code:

- Elimination rounds: national track suit with trousers reaching down to shoes.
 - For the final block program (TV time): jacket suit with tie.
- The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.

4.3. PENALTIES

Any coach who infringes upon these rules will be disqualified from accompanying his athletes into competition zone and taking up coach's chair until the end of event (not only for the particular day).

4.4. PERIOD OF APPLICATION

As from the World Cadet Judo Championships 2009 in Budapest.

The present coaching code will be evaluated before the start of the qualification period for the London 2012 Olympics on 1st May 2010 and it will either continue to apply or restrictions will be re-imposed.