



*Judo – more
than sport!*

2ND — 3RD OCTOBER
ATTARD, MALTA

EJU EDUCATION SEMINAR 2009



European Judo Union

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EDUCATION

SEMINAR OUTLINE

The mission of the Education Commission is to promote quality of education in European judo clubs. Judo development passes through different forms of practices adapted to each nation. Education proposed by EJU contributes to diffusion and exchange of pedagogical experience of different federations recognized in this field. (Candidates / lecturers for the seminar must be recommended by their National Federation).

This program will be divided in 3 seminars, during which the following 9 topics will be covered:

- Children;
- Teenagers;
- Veterans;
- Self – defense judo;
- Health (Taïso) ;
- Kata;
- People with disabilities;
- Social;
- Judo culture

Each subject will be represented under pedagogical progression form.

Modules covered during the 1st session are marked in red.

	Module 1	Module 2	Module 3	Module 4	Module 5
Children	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Process	Technique
Teenagers	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Trainings judo without competition	Training judo with competition
Veterans	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Adaptation practice without competition	Adaptation Practice with competition
Self defence judo	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Practice for women	Competition Rules
Taïso	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Educational Application	Link with judo
Kata	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles (1)	Technical analysis Fundamental principles (2)	Competition Rules
People with disabilities	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles (1)	Technical analysis Fundamental principles (2)	Competition Rules Refereeing
Social	Theoretical analysis of the public	Pedagogical principles	Technical analysis Fundamental principles	Project methodology	Pedagogical experience (examples)
Judo Culture	History	Culture Tradition Interests	Principles	Application of judo principles (1)	Application of judo principles (2)

During the 1st session, 3 subjects will be discussed, namely: Children, Self-defense judo and judo culture.

At the end of the session a certificate will be awarded to validate knowledge in these fields.

At the end of 3 sessions a certificate will be awarded to validate knowledge in all fields.



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EDUCATION

PROGRAM

The below program is the draft version. The final program will be given on arrival. The lecturers will be nominated by the EJU and the list will be available shortly.

Thursday 1st October	Education
20:00 hrs	Dinner & Introduction to the Program

Education	Friday 2nd October	Saturday 3rd October
09:00 hrs	Presentation of the Seminar	Taïso
09:30 hrs	Analysis of Population—Children & Teenagers	Self Defense Judo
10:30 hrs	Coffee Break	Coffee Break
11:00 hrs	Pedagogical Principles - Children	Theory of Taïso
11:30 hrs	Pedagogical Principles - Teenagers	Self Defense Judo
12:00 hrs	Discussions on covered Subjects	Discussions on covered Subjects
12:30 hrs	Lunch	Lunch
14:30 hrs	Analysis of Population—Veterans	Culture of Judo
15:00 hrs	Analysis of Population—People with Disabilities	Discussion about Culture of Judo
15:30 hrs	Analysis of Population—Socially Disadvantaged Population	Discussion about Culture of Judo
16:00hrs	Coffee Break	Coffee Break
16:30hrs	Culture: History	Theory of Kata
17:00hrs	Tradition and Interests	EJU Info
17:30 hrs	Information on the Obesity Problem	Summary of the Seminar & Awarding of the EJU Certificates
18:00 hrs	Discussion	
18:30 hrs	End	End
20:00 hrs	Dinner / Discussions on the Subjects covered on the day	Dinner / Discussions on the Subjects covered on the day

Sunday 4th October	Education
	Departure



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SEMINAR OUTLINE

La Mission de la Commission Education est de promouvoir l'enseignement de qualité dans les clubs de judo en Europe. Le développement du judo passe par des formes de pratique différentes adaptées à chaque public. La formation proposée par l'UEJ contribue à diffuser et partager l'expertise pédagogique issue des différentes fédérations reconnues dans ce domaine. Les enseignants candidats au stage doivent être recommandés par leur Fédération nationale.

La formation s'étend sur une durée de 3 périodes, au cours desquelles 9 thèmes seront abordés :

- Enfants
- Adolescents
- Vétéran
- Self défense – judo
- Santé (Taïso)
- Kata
- Handicapés
- Social
- Culture judo

Chaque thème sera présenté sous forme de progression pédagogique.

En **rouge** les modules abordés lors de la 1ere session.

	Module 1	Module 2	Module 3	Module 4	Module 5
Enfants	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Procédés	Technique
Adolescents	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Entraînement judo Sans compétition	Entraînement judo avec compétition
Veterans	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Adaptation pratique sans compétition	Adaptation Pratique avec compétition
Self défense judo	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Pratique pour les féminines	Compétition Règles
Taïso	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Educatifs Application	Passerelle avec le judo
Kata	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux(1)	Analyse technique Principes fondamentaux(2)	Compétition Règles
Handicapés	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux(1)	Analyse technique Principes fondamentaux(2)	Compétition Règles Arbitrage
Social	Analyse théorique du public	Principes pédagogiques	Analyse technique Principes fondamentaux	Méthodologie de projet	Expérience pédagogique (exemples)
Culture judo	Histoire	Culture / Tradition / enjeux	Principes	Application Principes du judo (1)	Application Principes du judo (2)

Pour la 1ere session 3 thèmes seront plus particulièrement développés : Enfants, Self Défense –Judo et Culture Judo.

A l'issue de la session un certificat validera la connaissance dans ces domaines.

A l'issue des 3 sessions un certificat validera la connaissance dans tous les domaines.

(Pour obtenir le certificat les enseignants devront faire part d'assiduité et de participation)



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Thursday 1st October	Education
20:00 hrs	Diner & Introduction

Education	Friday 2nd October	Saturday 3rd October
09:00 hrs	Ouverture du stage présentation	Taïso
09:30 hrs	Anlyse du public enfant et adolescent	Self défense judo
10:30 hrs	Coffee Break	Coffee Break
11:00 hrs	Principes pédagogiques enfant	Théorie Taïso
11:30 hrs	Principes pédagogiques adolescent	Self défense judo
12:00 hrs	Echange sur les thèmes du matin	Echanges sur les thèmes du matin UEJ
12:30 hrs	Lunch	Lunch
14:30 hrs	Analyse public vétérans	Culture of Judo
15:00 hrs	Analyse public handicapés	
15:30 hrs	Analyse public social	Echanges autour de ce thème
16:00hrs	Coffee Break	Coffee Break
16:30hrs	Culture : histoire	Théorie Kata
17:00hrs	Tradition et enjeux FC BR	Info UEJ
17:30 hrs	Information sur le problème de l'obésité	Bilan du stage et remise des certificats UEJ
18:00 hrs	Discussion	
18:30 hrs	Fin	Fin
20:00 hrs	Diner /échange sur les thèmes de l'après midi	Diner de clôture

Sunday 4th October	Education
	Depart



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EDUCATION

Local Information

Date:

The first Seminar will be held in Malta, from the **2nd till the 3rd of October**. Arrival should be on the 1st of October and Departure on the 4th of October.

Venue:

Corinthia Palace Hotel, Attard, Malta
7km from the Malta International Airport

Airport:

Malta International Airport, Luqa

Harbour:

Malta Grand Harbour

Package Prices:

Accommodation / Seminar package: 600 Euro

- Accommodation from Thursday 1st October (after 14:30hrs), till Sunday 5th of October (before 11:30hrs) (3 nights) in ***** Corinthia Palace Hotel, meals included.
- 2 coffee breaks per seminar day
- Airport Transfers
- Official Dinner
- Certification of Participation
- EJU Education Passport
- CD with material from the Seminar
- **Including 200 Euro EJU Fee**

Single Supplement: 100 Euro

If you would like to stay in a single room, single supplement is 100 Euro.