

# PORTUGAL INTERNATIONAL "A" TOURNAMENT 2009



JUNIORS - UNDER 20

Coimbra, March 21<sup>st</sup> – 22<sup>nd</sup>

## TO THE PRESIDENTS OF THE NATIONAL FEDERATIONS

Dear Mr. President,

The Portuguese Judo Federation is very pleased to invite your Federation to participate in the **PORTUGAL INTERNATIONAL "A" TOURNAMENT - JUNIORS**, which will be held in **Coimbra**, on **21<sup>st</sup> and 22<sup>nd</sup> March 2009**.

A European Judo Union Calendar "A" level Tournament -20, the **PORTUGAL INTERNATIONAL "A" TOURNAMENT** is one of the greatest international Judo festivals our country holds. Since the number and quality of participating national teams grows every year, we expect this seventh edition in Coimbra will turn out an excellent sport show to all those who watch it at the city's Multiuse Pavilion.

After the Tournament, an **International Training Camp** will take place in **Coimbra** from **March 23<sup>rd</sup> to March 26<sup>th</sup>**. Assuring your presence is highly appreciated; it would be a great pleasure for us to welcome you in both events.

Looking forward to host you in our beautiful country, and presenting our best regards,

Yours Sincerely

Prof. Engº António Nogueira Lopes Aleixo  
President of the Portuguese Judo Federation

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## OUTLINE

### 1. ORGANISER

**Portuguese Judo Federation**

Address: Rua do Quelhas, 32, 1200-781 Lisboa, Portugal

Telephone: +351 213 931 630

Fax: +351 213 969 296

E-mail: actividades@fpj.pt

### 2. DATE & PLACE

March 21<sup>st</sup> – 22<sup>nd</sup> 2009, at the Coimbra's Multidesportos Pavillion, Portugal

### 3. COMPETITORS' AGE

Both men and women competitors must be born between January 1<sup>st</sup> 1990 and December 31<sup>st</sup> 1994.

### 4. WEIGHT CATEGORIES

Men: -55Kg, -60Kg, -66Kg, -73Kg, -81Kg, -90Kg, -100Kg +100Kg

Women: -44Kg, -48Kg, -52Kg, -57Kg, -63Kg, -70Kg, -78Kg, +78Kg

### 5. INSCRIPTIONS

The NUMERICAL before February 2<sup>nd</sup>

The NOMINAL before February 23<sup>rd</sup>

### 6. FLAG/ANTHEM

Each participating country must bring one (1) flag and a cassette tape/compact disk with the national anthem (short version).

### 7. TRANSFERS

The Portuguese Judo Federation assures the transportation of the delegation members inscribed by the official entry list from **Lisbon International Airport** to Coimbra and back, and between the Hotel and the Sports Hall.

### 8. ACCREDITATION

The Accreditation will take place at the OFFICIAL HOTEL, according to the attached Official Programme.

### 9. DRAW:

The draw will take place after the accreditation at the OFFICIAL HOTEL, according to the attached Official Programme.

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## 10. WEIGH-IN

The weigh-in will take place in the morning on each day of the event, at the OFFICIAL HOTEL, according to the attached Programme.

## 11. CLOTHING

The competitors will wear white and blue judogis. Each national Federation must bring spare judogis.

## 12. INSURANCE

The Portuguese Judo Federation will not be responsible for any injury, damage or loss during the competition.

## 13. OFFICIAL HOTEL

Hotel Dona Inês  
Rua Abel Dias Urbano, 12  
3000—001 Coimbra  
Phone: 239.855.800  
Fax: 239.855.805  
Website: <http://www.hotel-dona-ines.pt>

## 14. ACCOMMODATION (TOURNAMENT AND TRAINING CAMP)

Reservations are to be made to the Portuguese Judo Federation. The price includes:

- Lodgement and meals
- Transfers between Lisbon International Airport and Coimbra, as well as between the Hotel and the Sports Hall

### COMPETITION:

Full Board Cost per person and per night:

Single Room	110 €
Double/Triple Room	85 €

### TRAINING CAMP:

Special Price for the training camp: 3 nights full board/person

Single Room	240 €
Double Room	210 €

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## 15. PAYMENTS

All payments must be effected either through bank transfer before March 9<sup>th</sup>. Payments during the accreditation at the Official Hotel, will have a 5% additional charge and must be pay in cash, only!

Please choose the bank transfer mode.

Our bank account number:

### Bank Information:

**Account Name:** FEDERAÇÃO PORTUGUESA DE JUDO

**Account Number:** 0410 3506 0007

**BIC/SWIFT:** BESCPTPL

**NIB:** 0007 0041 00035060007 79

**IBAN:** PT50 0007 0041 0003 5060 0077 9

**Bank Name:** BANCO ESPÍRITO SANTO

**Bank Address:** LAPA

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## OFFICIAL PROGRAMME

### FRIDAY, MARCH 20<sup>ST</sup>

- ❖ Arrival of the National Delegations
- ❖ 16H30/19H00 - Registration and Accreditation at the OFFICIAL HOTEL  
(please note there is a **2h30m** journey between **Lisbon Airport and Coimbra**)
- ❖ 22H00 – Draw at the OFFICIAL HOTEL

### SATURDAY, MARCH 21<sup>ST</sup>

- ❖ 06H00/07H00 – Unofficial weigh-in at OFFICIAL HOTEL
- ❖ 07H00/07H30 – Official weigh-in at OFFICIAL HOTEL
- ❖ 10H00 – Preliminaries, repechage and finals of groups
  - Semi-Finals and Finals
    - Men:, -81Kg, -90Kg, -100Kg, +100Kg
    - Women: -44Kg, -48Kg, -52Kg, -57Kg,

### SUNDAY, MARCH 22<sup>ND</sup>

- ❖ 06H00/07H00 – Unofficial weigh-in at OFFICIAL HOTEL
- ❖ 07H00/07H30 – Official weigh-in at OFFICIAL HOTEL
- ❖ 10H00 – Preliminaries, repechage and finals of groups
  - Semi-Finals and Finals
    - Men: -55Kg, -60Kg, -66Kg, -73Kg
    - Women: -63Kg -70Kg, -78Kg, +78Kg

### MONDAY, MARCH 23<sup>TH</sup>

- ❖ Departure of the Delegations/ Beginning of the Training Camp