



**EUROPEAN
Ne-waza Judo Competition Rules**



Ne-waza Judo Competition Rules:

Application of International Judo Federation (IJF) Rules:

1. Introduction

2. Judo shiai matches follow the International Judo Federation's Sport and Organisation Rules (SOR). These rules are designed for ne-waza competition and comply with all IJF rules related to the NEWAZA section. Only minor changes are made in the case of Golden Score or when a judoka stands up or moves out of the competition area.

3. Competition Start:

When a judo competition starts, the judokas enter the competition area; when the referee calls them, they bow and kneel on one leg before each other. Upon hearing the referee's "Hajime," they move into ne-waza.

3.1. Competition Duration:

The standard competition duration is according to (SOR) (4 minutes).

The competition proceeds to the Golden Score if there is no clear winner by the end of the 4 minutes.

4. Golden Score:

In the Newaza Competition, the winner during the Golden Score is determined by SOR rules, which means that the first judoka to score wins the match. The scores from the previous rounds are carried forward during the Golden Score.

If a golden score occurs, and during this time, the judoka in white (Tori) applies a Kodokan osaekomi-waza technique against the judoka in the blue judogi (Uke) in the middle of the contest area, and the referee announces "Osaekomi," then the judoka in blue will try to escape the hold. The hold-down time limit is 20 seconds, and if the hold-down lasts for more than 10 seconds, it results in a Wazari as per SOR rules. In the Golden Score, the results are evaluated after both blue and white are performing as tori AND uke. Both judokas are considered equal until a score difference appears or a direct/indirect Hansokumake is given.

In Newaza competition, the winner during the Golden Score is determined according to SOR rules, which means that the judoka who scores first wins the match. Results from previous rounds are carried over during the Golden Score. In Golden score, the technique is always started with Osaekomi until the difference in the score is reached. In Golden score, both competitors have an equal number of chances. In Golden Score, scores are scored after both blue and white act as Tori and Uke. Both judokas are considered equal until there is a difference in the result or until a direct/indirect Hansokumake is awarded.

The fight in Golden Score begins with the judoka in white (Tori) applying the Kodokan Osaekomi-waza technique against the judoka in blue judogi (Uke) in the middle of the competition area, and the referee announces "Osaekomi," and then the judoka in blue will



try to escape from grips. At the end of the time regardless of the Tori point, the position is changed and the blue judogi (Uke) takes the Osaekomi-waza and the action is repeated. Osaekomi is always started with one of the official Kodokan techniques and each technique is chosen by Tori and Uke according to their wishes, but each one must be different from the previous one (the same grip cannot be held twice in a row), the choice must be different from the previous one (In relation to yourself, not your partner). The time limit for holding is 20 seconds and if the hold is longer than 10 seconds it results in Wazari as per SOR rules.

5. Penalties:

According to SOR, the referee may issue Shido and Hansokumake during a Judo competition. If a Judoka stands up without attacking, the referee will stop the match and announce "matte" while giving a shido showing the action of standing up. Both contestants will then kneel to restart if a Judoka stands up while being strangled or under an armlock. In that case, the referee will consider it a submission and award an ippon.

They will not be interrupted if both judokas move out of the contest area during a hold-down. Instead, the hold-down will continue in the danger area until the time runs out or they reach the end of the danger area, where ippon is awarded. If the hold is broken, the referee will announce "Matte", and both judokas will return to the kneeling position, and the referee says Hajime to continue. If a judoka leaves the contest area, the referee will announce "Matte", make the sign of moving out and give a shido to the judoka who left the contest area. If both judoka move out of the contest area during an action without an effective hold-down. In that case, the referee says matte and the competition will continue from kneeling.

5.1. Decisions and Appeals:

Decisions are made according to SOR (made by the referee are final, and there is a provision for the judokas or coaches to appeal).

6. Age

The age from 3 categories

M1-3 /F1-3: 30-44;

M4-6 /F4-6: 45-59;

M7-9/F6-9: 60-74;

From 60+ is prohibit shime waza.

7. Weight Categories

Men: -66, -81, -100, + 100 KG

Women: -52, .63, -78, +78KG

8. Competition System

The type of competitions system to be applied in the competition will depend on the number of entries as follows:

Competition systems according to number of participants:



- 6 and more entries: double repechage
- 3, 4, 5 entries: round robin
- 2 entries: best of 2 contests, if 1-1 the third contest will decide.

9. Participation

The athletes can only compete in one of the following competitions:

European Championship Veterans (standard judo competition Tachi-waza and ne-waza)

European Championship Veterans (only Ne-waza)

10. Conclusion

These rules are designed to ensure fair and competitive ne-waza judo competitions, maintaining the spirit and principles of judo competition outlined in the SOR by the International Judo Federation.

